



1st Triangle

The 1st Triangle symbolizes harmony among the three primary doshas: Vata, Pitta and Kapha, foundational in human constitution.

The Lotus Flower

The open lotus flower represents enlightenment and new beginnings.

The beautiful lotus blooms on the surface of stagnant muddy water and its roots strengthen deep as it's growing.

This also symbolizes our ability to transform great hurdles and negativity into positive energy.

2nd Triangle

The 2nd Triangle symbolizes the seat of intuition, inner wisdom. It is associated with heightened spiritual growth and the fulfilment of each person's potential.



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Tailam Chikitsaa

तैलम चिकित्सा
(Oil Therapy)

Abhyangam अभयंगम

Abhyangam involves applying warm, herb-infused oils tailored to individual's doshas and conditions to stimulate the body. This therapy is beneficial for relaxation and helps cure conditions like body pain and improve nervous system.

🕒	60 mins	90 mins	120 mins
₹	8,499/-	11,799/-	15,399/-

Kalari कलारी

Kalari Treatment is an ancient Ayurvedic system that incorporates specialized kalaripayattu techniques using hands and legs. This full-body treatment, rooted in Kerala Ayurveda, offers relaxation and rejuvenation.

🕒	60 mins	90 mins	120 mins
₹	8,699/-	12,299/-	19,199/-

Pizhichil पिझीचील

Pizhichil is a blend of Snehana (oleation) and Swedana (sudation). In this therapy, lukewarm medicated oil is continuously poured over the entire body while soothing therapies are performed, enhancing relaxation and healing. With benefits rejuvenating the mind and soul, this therapy is helpful to improve immunity.

🕒	90 mins	120 mins
₹	11,699/-	15,399/-

Hathaa Manipulative हठा परिवर्तक

Hathaa therapy is an ancient technique utilized by Sadhu and Saints. It treats musculoskeletal pain, headaches and thoracic pain. The therapy also known as Hathaa Yoga.

🕒	60 mins	90 mins	120 mins
₹	9,899/-	14,399/-	18,899/-

*These therapies are exempted under GST .

Santushti संतुष्टी

This is an energising and relaxing therapy with mild pressure, which makes you feel stress free and recharged instantly. It helps in calming the nervous system and releases physical and mental tension. This therapy treats conditions like muscle stiffness and body tiredness.

🕒	60 mins	90 mins	120 mins
₹	8,699/-	12,699/-	16,499/-

Bal Kruti बाल कृती

This therapy is a harmonious blend of acupressure, gentle stretching, and reflexology techniques, applied with medium pressure. The treatment soothes damaged tissues, repairs muscle damage, treats chronic back pain, muscular pain and osteoarthritis.

🕒	60 mins	90 mins	120 mins
₹	8,999/-	13,099/-	16,899/-

Purnaa Trupti पूर्णतृप्ती

This treatment targets muscular pain and relieves muscle tension with arm and elbow pressure. It is very useful for sports players as it heals conditions like sports injuries, fibromyalgia, plantar fasciitis, sciatica and tennis elbow.

🕒	60 mins	90 mins	120 mins
₹	9,499/-	13,699/-	17,899/-

Sfurti स्फूर्ती

This long signature stroke therapy focuses on relieving muscle stiffness and enhancing circulation, effectively aiding in the relaxation of blood clots. Tailored for the urban lifestyle, it is a customized treatment suitable for all individuals.

🕒	60 mins	90 mins	120 mins
₹	9,899/-	14,199/-	18,699/-

*These therapies are exempted under GST .



Shushk Chikitsaa

शुष्क चिकित्सा
(Dry Therapy)

Nirjalaa Padhhati निर्जला पद्धती

This oil-less therapy is a process of technical stretching and focuses on pain-relieving points to ease muscles and boost flexibility. The therapy is beneficial for body stiffness, muscular pain and also relieves stress.

🕒 60 mins	90 mins	120 mins
₹ 8,599/-	12,299/-	16,599/-

Udwarthanam उद्धर्तनम्

Udwarthanam is a unique therapy, using herbal powders also called 'choornams' aimed at weight and inch loss. The treatment breaks down the cellulite and helps in reducing the accumulated fat cells. It also reduces body weight and controls Diabetes.

🕒 60 mins	90 mins	120 mins
₹ 7,999/-	11,699/-	15,399/-

Bhasmaa Vrutti भस्म वृत्ती

Bhasmaa, meaning medicated ash, is an ancient property used by rishi munis (holy saints) to maintain healthy skin for years. It acts as an anti-ageing treatment, which purifies skin to give a youthful appearance.

🕒 60 mins	90 mins	120 mins
₹ 7,999/-	11,699/-	15,399/-

Spandanaa स्पंदन

Spandanaa, also known as vibro therapy, involves the use of mechanical vibration to stimulate the body. It is very beneficial in boosting metabolism, weight and inch loss. The treatment also promotes skin tightening and cures obesity.

🕒 60 mins	90 mins	120 mins
₹ 7,999/-	11,699/-	15,399/-

Gharshanaa घर्षणा

The term "Gharshanaa" comes from the Sanskrit word for "rubbing" or "friction." It uses a variety of gloves for gentle exfoliation and improved blood circulation. The process helps detoxify the body, reducing cellulite, and promoting overall vitality and skin health

🕒 60 mins	90 mins	120 mins
₹ 7,999/-	11,699/-	15,399/-

*These therapies are exempted under GST .

Shiaatsu शियात्सू

This is a form of Japanese bodywork, which follows the concept of Qi (energy) flowing through meridians in the body. It improves nervous, lymphatic and hormonal systems. The treatment heals chronic pain, emotional imbalances to name a few.

🕒	60 mins	90 mins	120 mins
₹	8,999/-	12,699/-	16,699/-

Pankh Sparsh पंख स्पर्श

This therapy involves light touch or techniques that mimic the sensation of feathers, which can soothe the nervous system and provide a calming effect. It helps to improve circulation, emotional balance, and increase mindfulness.

🕒	60 mins	90 mins	120 mins
₹	7,999/-	11,699/-	15,399/-

Neuro Manipulative Therapy न्यूरो मॅनिपुलेटिव थेरेपी

Neuro Manipulative therapy targets nervous system disorders, activating reflexes for swift recovery. It treats ailments like sciatica, neuralgia, neuritis and tendinitis, and is helpful in joint mobilization and soft tissue manipulation.

🕒	60 mins	90 mins	120 mins
₹	8,999/-	13,299/-	17,199/-

*These therapies are exempted under GST .



Dharaa

धारा

Sukh Dharaa सुख धारा

Medicated warm Ayurvedic oil is poured over the forehead, to activate Ajna chakra (third eye), which deeply relaxes and balances the effects on the nervous system. The treatment heals mental stress, insomnia, and anxiety.

🕒	60 mins	90 mins	120 mins
₹	8,999/-	12,199/-	15,699/-

Gangaa Dharaa गंगा धारा

This treatment uses the holy Himalayan river, Ganga's water to be poured on the third eye, offering spiritual rejuvenation. It gives mental clarity and purifies the soul in the most divine manner.

🕒	60 mins	90 mins	120 mins
₹	7,699/-	10,699/-	13,999/-

Dughdaa Dharaa दुग्ध धारा

Warm-medicated cow milk infused with herbs is flown over the scalp to nourish it. This balances vata and pitta doshas, improves hair follicles and calms the nervous system.

🕒	60 mins	90 mins	120 mins
₹	7,699/-	10,699/-	13,999/-

Takraa Dharaa तक्र धारा

Herbal decoction made with Takraa (buttermilk) is effective for balancing pitta dosha and calms the mind. Its cooling property also reduces aggression and excess heat from the body, thus treating Hyperhidrosis (excessive sweating).

🕒	60 mins	90 mins	120 mins
₹	7,699/-	10,699/-	13,999/-

Recommendation :

Dharaa delivers enhanced therapeutic benefits when combined with Abhyangam

*These therapies are exempted under GST .

Ghrit Dharaa घृत धारा

Medicated ghrit or ghee (clarified butter), streaming over the scalp activates the brain tissues, thus sharpening memory, improving concentration and overall vitality. This is a good treatment for working professionals and students.

🕒	60 mins	90 mins	120 mins
₹	7,999/-	11,199/-	14,599/-

Kalpaa Dharaa कल्प धारा

Fresh coconut water, known for its hydrating, cooling and nourishing properties helps treat sleep disorders and soothes the scalp. It also reduces internal inflammation.

🕒	60 mins	90 mins	120 mins
₹	7,699/-	10,699/-	13,999/-

Panchamrut Dharaa पंचामृत धारा

Panch (five) and Amrut (nectar of Gods) combined known as 'Panchamrut' is a holy mixture made of milk, curd, ghrit (clarified butter), honey and crystal sugar. Its holistic properties bring in positive energies in your mind, body and soul.

🕒	60 mins	90 mins	120 mins
₹	7,699/-	10,699/-	13,999/-

Sarvang Dharaa सर्वांग धारा

Along with Abyhangam therapy procedures, Sarvang Dharaa involves a continuous flow of warm medicated oil or herbal decoction poured over the entire body or specific areas in a rhythmic manner along with the therapeutic steps of Abhyangaam. This treatment offers profound relaxation, nourishes the body and alleviates pain.

🕒	90 mins	120 mins	150 mins
₹	13,999/-	16,999/-	19,999/-

Recommendation :

Dharaa delivers enhanced therapeutic benefits when combined with Abhyangam

*These therapies are exempted under GST .



Vasti

वस्ती

This Ayurvedic therapy applies warm medicated oils or decoctions to targeted areas of the body through a concentrated flow, contained within a dough ring. It treats multiple dosha disorders, degenerative disorders, neurological ailments and rheumatic complaints and promotes blood circulation to the joints thereby restoring their strength.

Shiro Vasti शिरो वस्ती

Performed on the head, this treatment treats neurological conditions like facial paralysis, insomnia, headache, migraine, and much more. It is highly recommended for senior citizens. It helps in reducing mental stress, promoting deep relaxation, and improving sleep quality.

🕒 30 mins

₹ 3,999/-

Netra Vasti नेत्र वस्ती

Also known as Netra or Akshi Tarpana, this is a traditional Ayurvedic therapy focused on the eyes. It is designed to nourish and rejuvenate the eyes, improving vision and addressing various eye-related conditions. The treatment is primarily used to treat eye strain, dryness or irritation and is also beneficial for improving vision, reducing dark circles, and relieving tension in the eyes.

🕒 30 mins

₹ 3,499/-

Greeva Vasti ग्रीवा वस्ती

This treatment focuses on the neck and is highly recommended for conditions such as cervical spondylosis, stiff neck, neck and shoulder pain. It also helps in reducing inflammation, relieving pain, and improving the flexibility and strength of the neck muscles and vertebrae.

🕒 30 mins

₹ 3,999/-

Hridya Vasti हृदय वस्ती

This treatment focuses on the heart region (Hridaya). This therapy is designed to nourish and strengthen the heart, both physically and emotionally, and is particularly beneficial for addressing various heart-related conditions and emotional stress.

🕒 30 mins

₹ 3,999/-

Uttara Vasti उत्तरा वस्ती

Uttara Vasti is an Ayurvedic therapy where medicated ghee, oil, or decoction is introduced into the genital tract to treat reproductive health issues in women. This treatment aims to balance doshas, improve fertility, and enhance sexual functionality.

🕒 30 mins

₹ 4,999/-

Disclaimer : These therapies are session-based, with benefits achieved over multiple sessions.

*These therapies are exempted under GST .

Nabhi Vasti नाभी वस्ती

It is an Ayurvedic treatment focusing on the navel area (nabhi) and the surrounding abdominal region. This therapy is particularly beneficial for digestive health and issues related to the abdomen.

🕒 30 mins

₹ 3,499/-

Pristhaa Vasti पृष्ठा वस्ती

The word Pristha refers to the back or spine. Pristhaa Vasti focuses on treating conditions related to the spine and back. This treatment aims to alleviate pain and stiffness in the spine, improve flexibility, and address various back-related issues like sciatica, slipped disc, and spondylitis.

🕒 30 mins

₹ 3,499/-

Kati Vasti कटी वस्ती

This is performed on the lower back where the healing herbal oils deeply penetrate into the vertebrae, and strengthen the muscles, back bones and tendons. It is highly recommended for post caesarean section.

🕒 30 mins

₹ 4,499/-

Janu Vasti जानू वस्ती

This involves holding warm herbal oil or medicated ghee on the knee joint. It relieves pain and stiffness and is useful for conditions like osteoarthritis, rheumatoid arthritis, and knee joint injuries. It aids in reducing inflammation and swelling in the knee, strengthens the muscles and ligaments around the joint, and improves blood circulation in the area.

🕒 30 mins

₹ 3,499/-

Disclaimer : These therapies are session-based, with benefits achieved over multiple sessions.

*These therapies are exempted under GST .



Panchakarma पंचकर्म

Pancha (Five) karmaa (Procedures) is the key procedure in Ayurveda. It consists of five treatments: Vamana (vomiting), Virechanaa (purgation), Basti (enema), Nasyaa (nasal therapy), and Raktamokshanaa (blood cleansing). It aims to cleanse toxins, balance negative energies (doshas), and improve overall health by enhancing digestion, immunity, and mental clarity. It is recommended to take this treatment every 2-3 months for the contemporary urban lifestyle.

🕒	90 mins	120 mins	150 mins
₹	9,999/-	12,999/-	15,999/-

Vamanaa वमना

In Vamanaa controlled vomiting is induced to expel excess toxins from the upper digestive tract. This treatment aims to balance Kapha dosha and improve digestion.

Virechanaa विरेचना

Virechanaa uses therapeutic purgation to remove Pitta dosha through the lower gastrointestinal tract. It helps in improving digestion and cleansing the liver.

Panchakarmaa पंचकर्मा

Basti बस्ती

Basti involves the administration of medicated enemas to cleanse the colon. This procedure balances the Vata dosha, relieves constipation and promotes detoxification.

Nasyaa नस्या

Nasyaa involves the administration of herbal oils, and extracts through the nasal passage. It enhances breathing and improves conditions such as headaches, migraines, asthma, sinusitis, and neurological disorders.

Raktamokshanaa रक्तमोक्षणा

Raktamokshanaa is the controlled removal of small quantities of blood to eliminate toxins that have accumulated in the blood. It is used to treat skin disorders, hypertension, and issues related to the circulatory system.

Disclaimer : These therapies are session-based, with benefits achieved over multiple sessions.

***These therapies are exempted under GST .**

Anshik Chikitsaa

आंशिक चिकित्सा
(*Partial Therapy*)



Shirsh Vishraanti शीर्ष विश्रांती

This therapy uses Ayurvedic oil poured over the head, relieving migraine, headache, stress and anxiety. The treatment focuses majorly on head while stimulating the cranial nerves.

🕒	30 mins	60 mins
₹	3,199/-	5,699/-

Paad Shaithilyaa पाद शैथिल्य

Paad Shaithilyaa, where 'paad' means feet and 'shaithilya' means relaxation, is a treatment that relieves feet stress. It includes acupressure techniques for a triggering effect. Try this therapy if you suffer from varicose veins, calf myalgia, leg pain or fatigue.

🕒	30 mins	60 mins
₹	3,199/-	5,699/-

Ardhaa Trupti अर्थ तृप्ती

Ardhaa Trupti provides an upper body rubdown, with options for dry or oil application. It helps in relieving pain and discomfort in the upper back by relaxing muscles and reducing tension and tightness. The treatment increases blood circulation; and treats frozen shoulder, cervical, stiffness and pain.

🕒	30 mins	60 mins
₹	3,799/-	7,199/-

Talaa Podhichil तला पोथीचील

Tala Podhichil or Shirolepam is a unique Ayurvedic treatment involving the application of a specially prepared herbal paste to the scalp. The treatment helps improve blood circulation in the scalp thus repairing the cells. It also controls greying of hair, hair fall, dandruff and Alopecia.

🕒	30 mins	60 mins
₹	4,199/-	7,599/-

Udar Abhyangam उदर अभयंगम

A traditional Ayurvedic practice that focuses on the abdomen, helping to relieve tension, support digestion, remove toxins, and restore harmony in the body. Its gentle, rhythmic techniques promote deep relaxation and overall well-being.

🕒	30 mins	60 mins
₹	3,199/-	5,699/-

*These therapies are exempted under GST .

Ushnaa Chikitsaa

उष्ण चिकित्सा
(Heat Therapy)



Agni Reeti | अग्नि रीती

The candlelight warmth and natural ingredients like argan and moroccan oils in this therapy revitalize your body and moisturize dehydrated skin, whereas the aroma of the oils enhances overall mood. The treatment is beneficial especially during monsoon and winter season.

🕒	60 mins	90 mins	120 mins
₹	10,699/-	14,999/-	17,899/-

Ushnaa Anubhuti | उष्ण अनुभूति

This treatment soothes muscles, relieves stress, and heals back ache with specially designed basalt stones heated at 50 to 60 degrees Celsius. Basalt rock is a volcanic rock which retains heat.

🕒	60 mins	90 mins	120 mins
₹	10,699/-	14,999/-	17,899/-

Kashth Tapti | काष्ठ तप्ती

Warmed Bamboo canes are used as tools for this treatment. Bamboo has anti-bacterial and detox properties, it retains heat naturally and also absorbs moisture. This treatment helps in decreasing muscle spasms and increases blood circulation. It helps aid conditions like back pain, chronic aching to name a few.

🕒	60 mins	90 mins	120 mins
₹	10,699/-	14,999/-	17,899/-

*These therapies are exempted under GST .

Acupuncture Treatment

एक्युपंचर ट्रीटमेंट



Lips Reshaping लिप्स रिशेपिंग

The treatment is very much like micro needling on scientific points. It corrects lip alignment to enhance facial appearance and achieve better symmetry. It works on the superficial signs of premature ageing.

⌚ 60 mins

₹ 4,999/-

Nose Reshaping नोस रिशेपिंग

Acupuncture aligns and reshapes the nose for non-surgical rhinoplasty, offering miraculous effects. The treatment reduces nasal congestion and relieves pain or pressure in the sinuses.

⌚ 60 mins

₹ 4,999/-

Laser Acupuncture लेजर एक्युपंचर

This ultra-modern painless adaptation of traditional acupuncture uses non-thermal laser irradiation and is effective for treating various types of pain.

⌚ 60 mins

₹ 4,999/-

Facial Enhancement फेशियल एन्हांसमेंट

This treatment uses fine needles on face acu-points, offering a natural anti-ageing alternative to Botox. It improves blood supply to the face skin and fights neurogenic disorders, giving one a natural facial glow.

⌚ 60 mins

₹ 5,499/-

Smile Enhancing स्माईल एन्हांसिंग

One of the most popular treatment amongst celebrities, this beautifies one's smile and makes the face prominently attractive in a non-surgical way.

⌚ 60 mins

₹ 6,499/-

Electro Acupuncture इलेक्ट्रो एक्युपंचर

Can be known as modern version of traditional acupuncture, this treatment uses electrodes, attached to needles, on a particular frequency. It is highly effective for relieving chronic pain, and giving deep muscle stimulation.

⌚ 60 mins

₹ 6,499/-

Traditional Acupuncture ट्रेडिशनल एक्युपंचर

This key component of traditional Chinese medicine (T.C.M.) involves the insertion of sterile micro needles in the skin. Research has proven that it relieves pain and treats various other issues, including chronic systemic disorders.

⌚ 60 mins

₹ 5,499/-

Disclaimer: Acupuncture treatment requires multiple sessions for optimal and long-lasting results.

*These therapies are exempted under GST .

Acupressure Treatment

एक्युप्रेशर ट्रीटमेंट



Sujok Therapy | સુજોક થેરેપી

"Su" stands for hand, while "jok" means feet. In this therapy, the hand and feet represent all the organs and meridians in the body. This holistic treatment involves stimulating points on hands and feet, corresponding the entire body.

🕒 30 mins	60 mins
₹ 3,699/-	6,499/-

Auriculo Therapy | ઑરિક્યુલો થેરેપી

Auriculo therapy is a healthcare modality where the external surface of the ear, known as the auricle, is stimulated. This helps in dealing with addictions, and relieving pain and anxiety.

🕒 30 mins	60 mins
₹ 3,199/-	5,499/-

ACU Manipulative Therapy | એ સી યૂ મેનિપ્યુલેટિવ થેરેપી

This combination of acupressure and manual manipulation aids in addressing various physical issues which balance and heal the body. The treatment is particularly effective for musculoskeletal pain and stress-related issues.

🕒 30 mins	60 mins	90 mins
₹ 5,999/-	7,999/-	10,999/-

ACU Yoga Manipulative Therapy | એ સી યૂ યોગા મેનિપ્યુલેટિવ થેરેપી

This synchronized practice of acupressure and sequential yoga postures aids in balancing one's posture, alleviating body aches, and achieving perfect body symmetry. It helps with back pain, neck pain, flexibility and promote physical and mental well-being.

🕒 30 mins	60 mins	90 mins
₹ 5,999/-	7,999/-	10,999/-

Marmaa Therapy | મર્મા થેરેપી

Marma therapy, an ancient healing Ayurvedic practise aims to stimulate various body organs and systems, removes blockages, focusing on energizing the body to alleviate occupational illnesses and stress-related diseases and involves 108 Marmaa points. The treatment improves consciousness, provides enlightenment and self-awareness.

🕒 60 mins	90 mins	120 mins
₹ 5,499/-	7,799/-	9,999/-

*These therapies are exempted under GST .



Shhatkarmaa षट्कर्मा

In naturopathy, "shatkarmaa" (also spelled as "shhatkriya") refers to six cleansing techniques used for detoxifying and purifying the body. These practices are believed to help maintain balance and promote overall health and enhance spiritual growth. It is recommended to take this treatment every 2-3 months for the modern urban living.

🕒	90 mins	120 mins	150 mins
₹	9,999/-	12,999/-	15,999/-

Dhauti Kriya धौती क्रिया

The primary purpose of this technique is to cleanse the entire digestive tract thoroughly. This gut cleansing treatment is very beneficial for patients suffering from hyper-acidity.

Basti Kriya बस्ती क्रिया

Basti Kriyaa involves colon cleansing, which helps cure around 80% of bacterial diseases. It also treats issues like constipation, gastric trouble, and bloating, and improves the digestive system and eliminate toxins.

Kapal Bhati कपाल भाती

Also known as the "Breath of Fire," the term "kapalabhati" originated from Sanskrit, combining "kapal" for 'skull' and "bhati" for 'illuminating'. This technique improves the functioning of the respiratory system and helps treat Dyspnoea.

Shhatkarma षट्कर्म

Neti Kriya नेती क्रिया

Neti Kriya involves nasal cavity cleansing and use saline solution to rinse nasal passages. The treatment clears sinuses, eases headaches, tones optic nerves, and boosts eyesight. It is also beneficial in treating cold, sinusitis and flu.

Nauli Kriya नौली क्रिया

Nauli stimulates digestive organs, especially the small intestine, through therapeutic abdominal movements. It helps improve digestion and removes toxins.

Trataka Karma त्राटका कर्म

This is a yogic purification cum tantric meditation which involves concentrated gazing, usually at a fixed point or candle flame. The technique cleanses eyes, improves cognitive function, soothes dry eyes, and improves memory and concentration power.

Disclaimer : These therapies are session-based, with benefits achieved over multiple sessions.

*These therapies are exempted under GST .

Dhoomraa Chikitsaa

धूम चिकित्सा
(Smoke Therapy)



Dhooma Panaa धूमा पाना (Smoke Inhalation)

Dhoomapana, smoking medicinal Ayurvedic herbs, is a therapeutic practice in Ayurveda. Inhaling the smoke from burning medicinal plants like Dhoomravati benefits respiratory health and relieves autoimmune disorders.

🕒	30 mins	60 mins
₹	3,499/-	6,499/-

Dhoomra Tailam धूम तैलम (Smoke Oil Therapy)

Special oil, prepared with a powerful combination of 20+ potent Ayurvedic herbs is applied on all body parts. The therapy helps remove toxins present in the body and aids weight loss, and inch loss, reduces body fat and tightens the skin.

🕒	60 mins	90 mins	120 mins
₹	9,999/-	12,999/-	15,999/-

Angaar Vrutti अंगार वृत्ती (Moxibustion)

Moxibustion involves burning dried plant, mugwort known as 'moxa' on the skin to invigorate Qi flow and heal backache. This heat-based technique improves circulation, reduces discomfort, and promotes overall wellness.

🕒	60 mins	90 mins	120 mins
₹	6,499/-	9,699/-	11,999/-

Sui Angaar Vrutti सुई अंगार वृत्ती (Moxibustion with Needle)

Moxibustion involves burning dried moxa over acupuncture needles on specific points of the body. This stimulates the acupuncture points, alleviates pain and is helpful in posture correction.

🕒	60 mins	90 mins	120 mins
₹	6,499/-	9,699/-	11,999/-

*These therapies are exempted under GST .

Podikizhi

पोडीकिडी
(Potli Therapy)



Njavarkizhi नजवरकिडी

Originating from Kerala, the therapy includes Njavara rice, which has multiple benefits like bone and skin health, and muscle and nerve functioning.

🕒	90 mins	120 mins
₹	12,099/-	15,999/-

Akshat Potli अक्षत पोटली

Filled with brown rice and herbs, warmed in milk, the potli provides nourishment to the skin. It hydrates and detoxifies the skin, leaving it feeling soft and supple.

🕒	90 mins	120 mins
₹	11,799/-	15,399/-

Elakizhi एलाकिडी

Elakizhi, or Patrapotala Sweda uses heated herb-filled boluses to induce sweating. The therapy is beneficial for curing Paralysis, Arthritis, sore muscles and joints and stimulates blood circulation.

🕒	90 mins	120 mins
₹	11,799/-	15,399/-

Valukaa Potli बालुका पोटली

A soft muslin cloth filled with river sand is heated and used to be applied on pressure points. The sand's heat-sustaining property provides a magical effect on swelling, helps to cure bone injuries and is very beneficial for post-natal recovery.

🕒	90 mins	120 mins
₹	11,799/-	15,399/-

Aayur Potli आयुर पोटली

Aayur Potli is an ancient process using steam-heated herbal pouches (poultices) pressed in a particular motion on the whole body. This provides relief from joint, back, and muscle pain.

🕒	90 mins	120 mins
₹	12,899/-	16,499/-

Shilaa Kshaar Potli शिला क्षार पोटली

The poultices are filled with heated rock salt which benefits in curing asthma and bronchitis. It also helps in reducing body pain and muscle stiffness.

🕒	90 mins	120 mins
₹	11,799/-	15,399/-

*These therapies are exempted under GST .

Lepam

लेपम



Mrudaa Lepam मृदा लेपम

For centuries, the heat-absorbing property of mud has been used in treating ailments like body heat, indigestion and skin conditions. This therapy is also useful for treating jaundice.

🕒 30 mins	60 mins
₹ 4,299/-	7,999/-

Herbal Lepam हर्बल लेपम

Ingredients like Neem, Tulsi, Aloe Vera, Rosemary, Calendula, and Chamomile are formed into a paste, providing anti-inflammatory benefits. It helps in preventing infections, eczema and dermatitis.

🕒 30 mins	60 mins
₹ 4,699/-	8,499/-

Multani Lepam मुलतानी लेपम

This involves the application of Multani mud (fuller's earth) all over the body in the form of a smooth paste for cleansing and exfoliating. It also helps in removing blemishes, skin tightening and leaves the skin bright and glowing.

🕒 30 mins	60 mins
₹ 4,499/-	8,299/-

Saundaryaa Lepam सौंदर्य लेपम

This treatment infuses Brown Rice, Turmeric, Aloe Vera, Gram flour, Rose water, which contains antioxidant properties, and delivers a radiant and lustrous glow to the skin.

🕒 30 mins	60 mins
₹ 4,899/-	8,699/-

Kumkumadi Lepam कुमकुमादी लेपम

Kumkumadi Lepam as the name suggests includes Saffron oil, enhances skin complexion and gives a glamorous glow. Its anti-aging properties effectively treat dark spots, wrinkles, dark circles and hyperpigmentation.

🕒 30 mins	60 mins
₹ 5,099/-	8,899/-

*These therapies are exempted under GST .

Vilepam

विलेपम्



Akshat Vilepam अक्षत विलेपम

This therapy uses brown rice, which is renowned for its medicinal properties and its ability to address various ailments and bodily imbalances. It helps to detox and cleanse the body.

🕒	30 mins	60 mins
₹	4,299/-	7,999/-

Saundaryaa Vilepam सौन्दर्य विलेपम

The practice of applying a mixture of rose, honey and milk, dates back thousands of years, harnessing blended concepts to rejuvenate the skin and enhance appearance. It provides nourishment to the skin, giving it a natural glow.

🕒	30 mins	60 mins
₹	4,499/-	8,299/-

Coco Vilepam कोको विलेपम

Coco Shea is nature's most nourishing combination. Vitamin-packed Cocoa butter, and rich, moisturizing Shea butter, form an ultimate skin-loving formula, which leaves your skin feeling moisturized and hydrated.

🕒	30 mins	60 mins
₹	4,699/-	8,499/-

Samudraa Satvaa समुद्र सत्व

This therapy uses Dead Sea salt, rich in zinc and bromide and has powerful anti-inflammatory properties. It soothes the skin and improves circulation for healthier skin cells.

🕒	30 mins	60 mins
₹	4,899/-	8,699/-

Ubtanam उबटनम

This is an ancient process followed on special occasions. It involves the application of a golden aromatic paste made of rich ingredients like Sandalwood, Almond, Walnut, Apricot oil and Honey, which helps to de-tan, detoxify, and promote a fair complexion.

🕒	30 mins	60 mins
₹	5,099/-	8,899/-

*These therapies are exempted under GST .

Aavaran

आवरण



Prithvi Aavaran पृथ्वी आवरण

Brown Mud effectively absorbs toxins from the body, aiding in their elimination. It is beneficial for constipation, stress-induced headaches, high blood pressure, and skin diseases.

🕒	60 mins	90 mins
₹	7,999/-	9,999/-

Agni Aavaran अग्नि आवरण

Entire body is wrapped in heated paraffin wax to give a rejuvenated and refreshed feel to the skin.

🕒	60 mins	90 mins
₹	8,299/-	10,299/-

Jal Aavaran जल आवरण

In this treatment, the skin is revitalized with the natural essence of aloe vera and cucumber.

🕒	60 mins	90 mins
₹	8,499/-	10,499/-

Vaayu Aavaran वायु आवरण

This is an Almond extract de-tan treatment, which effectively removes tan from the face and body. This process helps cleanse the skin, exfoliate dead skin cells, and eliminate tanned cells.

🕒	60 mins	90 mins
₹	8,699/-	10,699/-

Ambar Aavaran अंबर आवरण

Topically applied chlorophyll acts as an antibacterial and anti-inflammatory, speeding up wound healing and promoting clearer skin, making it effective for treating acne.

🕒	60 mins	90 mins
₹	8,899/-	10,899/-

*These therapies are exempted under GST .

Nivaaran

निवारण



Prithvi Nivaaran पृथ्वी निवारण

Revitalize your skin with premium-quality products featuring a natural mud base, with this treatment. It gives a cooling effect and reduces body sweating.

🕒 60 mins	90 mins
₹ 8,599/-	9,999/-

Agni Nivaaran अग्नि निवारण

Agni Nivaaran therapy utilizes candle-heated scrubs to exfoliate dead skin and open pores, leaving your skin refreshed and rejuvenated.

🕒 60 mins	90 mins
₹ 8,299/-	10,299/-

Jal Nivaaran जल निवारण

For years, Aloe Vera, Cucumber, and Papaya extract have been utilized to cleanse the skin and promote a glowing complexion.

🕒 60 mins	90 mins
₹ 8,499/-	10,499/-

Vaayu Nivaaran वायु निवारण

Vaayu Nivaaran employs ancient Ayurvedic methods, harnessing Almond and Walnut extracts for skin detoxification.

🕒 60 mins	90 mins
₹ 8,699/-	10,699/-

Ambar Nivaaran अंबर निवारण (Banana Leaf Therapy)

This treatment includes the use of Banana leaves filled with herbal preparations gently applied to the body. Enriched with chlorophyll to brighten skin tone, enhance circulation, soothe with a cooling effect, and supports complete skin rejuvenation.

🕒 60 mins	90 mins
₹ 8,899/-	10,899/-

*These therapies are exempted under GST .

Shaahi Paddhati शाही पद्धती (Royal Treatment)



Dev Shaahi Nidraa | देवशाही निद्रा

Dev (Divine) Shaahi (royal) Nidraa (Sleep) is a distinctive combination of three therapies. It takes place in a luxurious, royal setting of our ambience and is completely customized, catering to the guest's lifestyle. It's the best way to pamper yourself or gift your loved one a royal experience.

🕒 150 mins

₹ 20,999/-

Yugal Reeti | युगल रीती

Yugal (couple) Reeti (therapy) rekindles your love on your special days and helps you rejuvenate with your companion. This personalized therapy enhances your bond and creates a divine union, nourishing your relationship.

🕒 60 mins

₹ 16,999/-

90 mins

23,999/-

120 mins

31,999/-

150 mins

38,999/-

Purnaa Nivrutti | पूर्ण निवृत्ती

Purnaa (complete) Nivrutti (relaxation) is our best-seller signature blend of dry and oil therapies tailored for your well-being. Designed to alleviate muscle stiffness and improve blood circulation, it offers a comprehensive rejuvenation experience.

🕒 90 mins

₹ 12,999/-

120 mins

14,999/-

150 mins

16,999/-

Chaturhasti | चतुर्हस्ति

Chatur (four) hasti (hand) is a synchronized time-efficient therapy performed by two aestheticians, working in rhythm. This unique approach delivers a profound sense of relaxation and balance, ensuring a harmonizing experience for your well-being.

🕒 60 mins

₹ 13,999/-

90 mins

19,999/-

120 mins

25,999/-

Triveni Sangam | त्रिवेणी संगम

This is a luxurious lifetime experience combining three therapies, performed by 2-3 aestheticians. Nirjala Paddhati employs traditional stretching and pressure points to alleviate stiffness and improve flexibility. Foam Therapy involves the use of warm organic foam along with synchronized techniques to cleanse and rejuvenate the body. Meanwhile, Moisturizing Therapy focuses on nourishing the skin, leaving it with a radiant, glowing shine.

🕒 90 mins

₹ 23,999/-

120 mins

29,999/-

150 mins

32,499/-

*These therapies are exempted under GST .

Swarnaa Chikitsaa स्वर्ण चिकित्सा

Swarna, which signifies gold, is renowned for being one of the richest minerals. For centuries, gold has symbolized prosperity, purity, and wealth. Its antioxidant properties help combat free radicals and protect the skin from oxidative damage. Additionally, Swarna is often metaphorically used to describe exceptional beauty.



Swarnaa Lepam | स्वर्ण लेपम

This lepam utilizes a paste consisting of gold ash and herbal components applied to the skin for nourishment. It is believed to have anti-ageing properties, helpful in promoting skin health and skin radiance.

🕒	30 mins	60 mins
₹	4,699/-	8,999/-

Swarnaa Villepam | स्वर्ण विलेपम

This process which includes the rich gold extracts acts as a royal exfoliator for your skin, stimulating blood flow, and giving a healthy glow. The gold particles give a luminous appearance, making this an indulgent experience.

🕒	30 mins	60 mins
₹	4,699/-	8,999/-

Swarnaa Padhhati | स्वर्ण पद्धती

Swarnaa Padhhati involves gold-based preparations on the skin along with a rejuvenating therapy. It enhances skin brightness, promotes youthfulness, hydrates the skin and contributes to overall skin health.

🕒	60 mins
₹	8,999/-

Swarnaa Anubhuti | स्वर्ण अनुभूती

The combination of Swarnaa Padhtati, Swarnaa Lepam and Swarnaa Villepam offers a comprehensive and luxurious skincare experience. It reveals a more youthful version of your skin and delivers an overall rejuvenating effect.

🕒	120 mins
₹	15,999/-

*These therapies are exempted under GST .

Rajat Chikitsaa

रजत चिकित्सा

Rajat means silver, and is often associated with the moon, purity and auspiciousness. It denotes something precious, shining and valuable and is used in rituals and ceremonies as a symbol of divine connection.



Rajat Lepam रजत लेपम

Rajat (silver) Lepam includes a paste consisting of silver granules, useful in firming and toning the skin, thus reducing early ageing. Silver has been used for centuries for its healing properties. It is useful in treating conditions like eczema, dermatitis, and psoriasis. It purifies the skin, giving a calming and cool sensation.

🕒	30 mins	60 mins
₹	3,699/-	6,999/-

Rajat Villepam स्वर्ण लेपम

This process acts as a royal exfoliator for your skin, stimulating blood flow, giving a healthy glow. The gold particles give a luminous appearance, making this an indulgent experience.

🕒	30 mins	60 mins
₹	3,699/-	6,999/-

Rajat Paddhati रजत पद्धती

Rajat Paddhati helps in balancing skin complexion, improves the skin texture and stimulates cell regeneration. It provides a soothing sensation, offering relief for inflamed or irritated skin.

🕒	60 mins
₹	6,999/-

Rajat Anubhuti रजत अनुभूती

The combination of Rajat Padhtati, Rajat Lepam and Rajat Villepam offers a comprehensive and luxurious skincare experience. It gives a cooling effect to your body and brings in calmness.

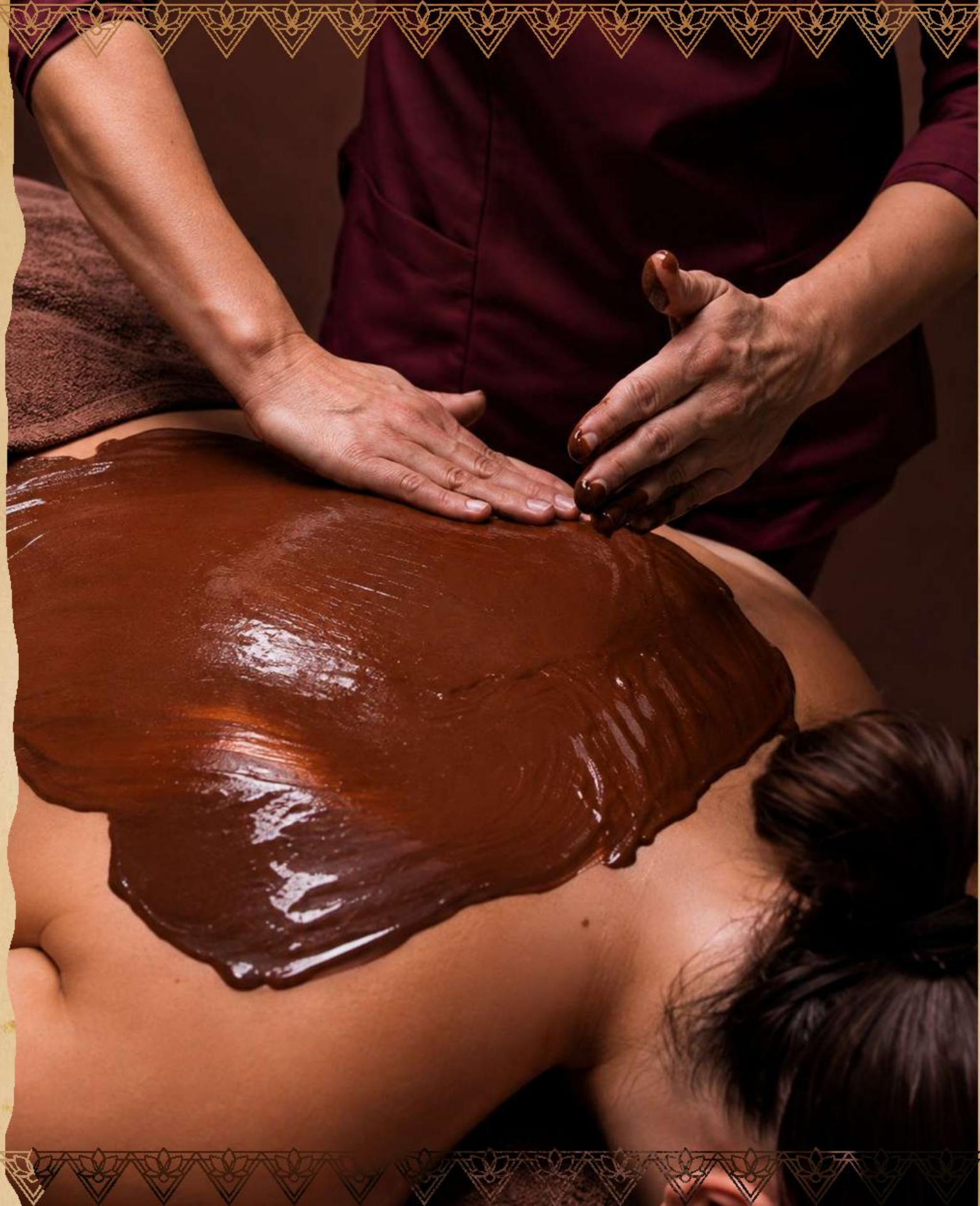
🕒	120 mins
₹	13,999/-

*These therapies are exempted under GST .

Chocoh Chikitsaa चाँको चिकित्सा

(Chocolate Therapy)

Choco Therapy involves the application of chocolate-based treatments on the skin, providing a luxurious and indulgent experience with numerous benefits. Chocolate is abundant in antioxidants, particularly flavonoids, which protect the skin and enhance youthfulness. The therapy involves:



Chocoh Lepam चॉको लेपम

Applying chocolate lepam can release endorphins and serotonin, boosting mood and creating a sense of well-being. It helps alleviate stress, making the therapeutic experience more enriching.

🕒	30 mins	60 mins
₹	3,399/-	6,499/-

Chocoh Villepam चॉको विलेपम

The delightful aroma of chocolate exerts a soothing effect, fostering profound relaxation. Chocolate stimulates collagen production, which is crucial for maintaining the skin's elasticity and firmness. It helps in balancing sebum production.

🕒	30 mins	60 mins
₹	3,399/-	6,499/-

Chocoh Paddhati चॉको पद्धती

This treatment improving skin texture and enhances youthfulness. It also helps in balancing skin complexion and provides a rich sensation, offering a luxurious feel for your skin.

🕒	60 mins
₹	6,499/-

Chocoh Anubhuti चॉको अनुभूती

Chocoh Anubhuti is a combination of all the therapies including Chocoh Lepam, Chocoh Villepam and Chocoh Paddhati. It offers a comprehensive and luxurious indulgent experience providing soothing effect to your senses. Chocolate boosts collagen production which enhances skin elasticity and firmness.

🕒	120 mins
₹	12,999/-

*These therapies are exempted under GST .

Shaahi Snaan

शाही स्नान

Shaahi Snaan represents a ceremonial royal-style bath associated with regal practices. This treatment includes a bathing ritual with herbal decoctions, aromatic oils, and floral water. It promotes purification, relaxation, and rejuvenation of the body, mind and spiritual well-being.



Sugandhi Snaan सुगंधी स्नान

This treatment involves infusing bathwater with aromatic herbs, essential oils, and flower petals. This sensory-rich experience cleanses the body while promoting relaxation, rejuvenation, and emotional well-being through the inhalation of soothing fragrances.

(Single)	⌚ 30 mins	60 mins	(Couple)	⌚ 30 mins	60 mins
₹	3,999/-	5,999/-	₹	4,999/-	6,999/-

Dugdh Snaan दुग्ध स्नान

A milk bath involves immersing oneself in warm milk induced with botanical ingredients. This luxurious ritual hydrates the skin, soothes irritation, and promotes relaxation and rejuvenation.

(Single)	⌚ 30 mins	60 mins	(Couple)	⌚ 30 mins	60 mins
₹	5,999/-	6,999/-	₹	7,999/-	9,999/-

Panchamrit Snaan पंचामृत स्नान

This is a sacred bathing ritual, where the body is bathed with a mixture of five sacred ingredients: milk, yoghurt, honey, ghee (clarified butter) and crystal sugar. This is believed to purify the body, mind, and spirit.

(Single)	⌚ 30 mins	60 mins	(Couple)	⌚ 30 mins	60 mins
₹	6,999/-	7,999/-	₹	8,999/-	10,999/-

Madya Snaan मद्य स्नान

Madya Snaan is a traditional bathing practice that involves immersing oneself in non-alcoholic wine made from fruit extracts. This ritual is believed to promote relaxation, revitalize skin, and enhance detoxification, while also offering a luxurious and indulgent experience for the senses.

(Single)	⌚ 30 mins	60 mins	(Couple)	⌚ 30 mins	60 mins
₹	7,999/-	9,999/-	₹	9,999/-	11,999/-

Him Snaan हिम स्नान (Cryo Bath)

Ice Bath Therapy consists of submerging the body in ice-cold water for a designated time. This method is widely utilized for therapeutic benefits. It helps alleviate sore muscles and enhance recovery following intense workouts. It also reduces body temperature, regulates hormonal imbalances and boosts metabolism. It is recommended for athletes, gym enthusiasts and sports professionals.

⌚ 30 mins
₹ 9,999/-

Chocoh Snaan चॉको स्नान

Indulge in a luxurious bath where you immerse yourself in raw chocolate. Renowned for its potent antioxidants and nourishing properties, this decadent treatment rejuvenates the skin, promotes deep relaxation and elevates your spirits.

(Single)	⌚ 30 mins	60 mins	(Couple)	⌚ 30 mins	60 mins
₹	7,999/-	9,999/-	₹	9,999/-	11,999/-

*These therapies are exempted under GST .

THALGO
LA BEAUTÉ MARINE

Mukh Chikitsaa

मुख चिकित्सा
(Face Treatment)

Backed by more than 60 years of skincare experience, Thalgo, the undisputed Expert in Marine Intelligence, explores the oceans to extract active molecules with unrivalled powers to regenerate, moisturise, stimulate and nourish. Working in close collaboration with Dermatologists and University Professors, our researchers create real sources of sensoriality and Pleasure every day, revealing the strength and cosmetic power of our exclusive active ingredients. Each Thalgo skincare product is genuine concentrate of marine effectiveness, created according to stringent standards of performance and safety, to offer Professional Excellence to every woman in the world. Expert diagnosis, advanced know-how, exclusive massage techniques, divine textures and enchanting fragrances. Indulge in the personalised advice and expert hands of our Beauty Therapists – "Experts in Specific Massage Techniques", for an unprecedented treatment experience and the promise of lasting, visible results from the very first session. Praised by Beauty professionals and adopted by thousands of women, our face care products protect, strengthen and enhance your skin to reveal its original beauty



Ardra आर्द्रा (Hyalu-Procollagene Facial)

Introducing the groundbreaking Thalgo wrinkle-by-wrinkle treatment, a fusion of hyaluronic acids and marine pro-collagen powered by Roller Boosters. This advanced facial visibly plumps the skin, smooths wrinkles, and reduces the appearance of established fine lines for firmer, younger-looking skin.

🕒	45 mins	60 mins	90 mins
₹	9,399/-	13,899/-	18,399/-

(Homecare Recommendations)

Begin your skincare routine with Gentle Cleansing Milk and Beautifying Tonic Lotion. Apply the Intensive Wrinkle-Correcting Serum, followed by either the Wrinkle Correcting Gel-Cream or Wrinkle Correcting Rich Cream based on your skin's needs. Finish with the Wrinkle Correcting Pro Mask regularly to enhance hydration and improve the appearance of fine lines and wrinkles.

Pavitra पवित्रा (Pureté Marine Facial)

Experience a comprehensive rebalancing treatment for oily and combination skin. Purifying algae ingredients combined with Thalgo's signature Heart of the Ocean massage effectively mattify and restore balance to the skin. The oil-absorbent mask lifts away impurities, leaving the skin soft, matte, and perfectly balanced.

🕒	45 mins	60 mins	90 mins
₹	9,399/-	13,899/-	18,399/-

(Homecare Recommendations)

Use Foaming Cleansing Lotion to remove excess oil and impurities, followed by Beautifying Tonic Lotion to refresh the skin. Apply the Refreshing Exfoliator regularly to improve skin texture, then use Perfect Matte Fluid to control shine and finish with Imperfection Corrector to help reduce the appearance of blemishes and maintain a balanced complexion.

Sheeta शीता (Cold Cream Marine Facial)

Experience a comforting haven for dry and sensitive skin. Our concentrated formula, enriched with algae extracts and replenishing oils, is gently infused into the skin using Thalgo's signature Heart of the Ocean massage. Nourishing active ingredients provide pure nourishment for even the most sensitive skin, leaving it soft, soothed, and restored with comfort.

🕒	45 mins	60 mins	90 mins
₹	9,399/-	13,899/-	18,399/-

(Homecare Recommendations)

Cleanse gently with Velvet Cleansing Milk and tone with Beautifying Tonic Lotion. Exfoliate with the Gentle Exfoliator, then apply Nutri-Comfort Oil-Serum followed by Nutri-Comfort Cream to deeply nourish dry and sensitive skin. Use the Nutri-Comfort Pro Mask as recommended for enhanced comfort, hydration, and skin restoration.

Suddhi शुद्धि (Basic Purity Facial)

Get a perfect express facial on the go with marine active ingredients tailored to your skin type. Enjoy a relaxing welcome massage and soothing treatment for refreshed, revitalised, and smooth skin.

🕒	45 mins	60 mins	90 mins
₹	9,399/-	13,899/-	18,399/-

(Homecare Recommendations)

Maintain your skin's freshness and hydration by cleansing with Velvet Cleansing Milk, followed by Beautifying Tonic Lotion to tone and refresh. Use the Gentle Exfoliator regularly to remove dead skin cells and complete your routine with Hydrating Melting Cream to nourish the skin and keep it soft, smooth, and healthy.

*These services are including of 5% GST

Ojus ओजस (Lumière Marine Facial)

Introducing an innovative treatment for pigmentation marks and uneven skin tone. Featuring a triple exfoliation method, this facial visibly reduces dark spots, improves skin clarity, and enhances radiance, revealing a brighter, more even complexion.

🕒 45 mins	60 mins	90 mins
₹ 9,399/-	13,899/-	18,399/-

(Homecare Recommendations)

Apply Clarifying Water Essence to prepare the skin, followed by Brightening Correcting Serum to improve overall radiance. Use the Targeted Dark Spot Corrector on areas of pigmentation, then finish with Brightening Fluid or Brightening Cream to achieve a brighter, more even-toned, and luminous complexion.

Aabhaa Anubhuti आभा अनुभूती (Spiruline Boost Facial)

Experience the revolutionary Spiruline Boost treatment, featuring a fresh peel-off mask that detoxifies, brightens, and refines the skin. Targeting fine lines and wrinkles, this facial moisturizes, enhances radiance, and combats environmental stress and fatigue, leaving your skin smoother with a youthful glow.

🕒 45 mins	60 mins	90 mins
₹ 9,399/-	13,899/-	18,399/-

(Homecare Recommendations)

Start with Velvet Cleansing Milk and Beautifying Tonic Lotion to cleanse and tone the skin. Follow with Energising Gel-Cream or Energising Cream to revitalize and hydrate the complexion. Use the Radiance Peeling Pro Mask as part of your weekly skincare routine and complete your regimen with Anti-Fatigue Eye Care to refresh and brighten the delicate eye area.

Vibha Kaanti विभा कांती (Source Marine Facial)

Experience a moisture-boosting delight for all skin types, especially dehydrated skin. Thalgo's signature Heart of the Ocean massage and moisture-infused products rehydrate and improve skin texture, leaving the skin smooth, plump, and radiant.

🕒 45 mins	60 mins	90 mins
₹ 9,399/-	13,899/-	18,399/-

(Homecare Recommendations)

Cleanse the skin with Velvet Cleansing Milk, then apply Beautifying Tonic Lotion to prepare the skin. Use the Refreshing Exfoliator to refine skin texture, followed by the Intense Moisture-Quenching Serum for deep hydration. Complete your routine with Hydrating Melting Cream to maintain a plump, smooth, and luminous complexion.

Roop Nikhar रूप निखार (3 Algae Facial)

Indulge in our signature algae facial, suitable for all skin types. Our pure seaweed mask detoxifies and revitalises the skin, while Thalgo's Heart of the Ocean massage relaxes facial muscles and relieves tension. Experience purified skin, reduced blemishes, and a soft, radiant complexion.

🕒 45 mins	60 mins	90 mins
₹ 9,399/-	13,899/-	18,399/-

(Homecare Recommendations)

Begin with Foaming Cleansing Lotion to thoroughly cleanse the skin, followed by Beautifying Tonic Lotion to restore balance. Exfoliate using the Refreshing Exfoliator and finish with Hydrating Cooling Gel-Cream to provide lasting hydration while keeping the skin refreshed and radiant.

MAHA RAJYABHISHEKAM

महा राज्याभिषेकम्

The World's Most Exclusive Royal Consecration Ritual

The Maha Rajyabhishekam is the most elevated expression of luxury, spirituality, and sovereign wellness ever curated. This is the advance & ethical version of Rajya Abhishekam.

Inspired by the ancient coronation ceremonies once performed for India's greatest rulers like Samrat Ashoka, Maharana Pratap, Rani Laxmibai, Tipu Sultan, Chatrapati Shivaji Maharaj. etc.

This sacred ritual symbolizes divine blessing, activation of divine aura, and spiritual consecration of the body, mind & soul.

Exclusively reinvented and performed only at Muktaa Wellness, this is regarded as the most costliest therapy ritual in the world.

Royal Preparations

This majestic 360-minute experience incorporates:

- The ritual is performed during the auspicious 03:45 am (Brahma Muhurta), when universal energies are believed to be in perfect alignment.
- The guest is ceremonially seated upon a handcrafted Royal Throne as 36 sacred therapeutic procedures are performed - including purification scrubs, divine baths, sacred chanting vibrations, lepams, inhalation processes, and revitalising.

This is not just a treatment - it is a sovereign awakening of purpose, power, and prosperity.

A ritual reserved for Visionaries.

An unparalleled journey into royalty, elevation, and divine Evolution.

🕒 Duration: 360 Minutes

💎 Investment : ₹ 1,00,00,000 (One Crore only)

*These therapies are exempted under GST .

Sacred Elements

108 types of pious elixirs being used in this Godly ritual

- Holy spring waters of seven sacred rivers (Sapt-Ganga) of India.
- Rare Himalayan botanicals.
- Spiritually powered bhasma (medicated ashes).
- Precious raw extracts of Gold, Silver, and Golkonda Diamonds.
- Ancient flower powders like Damask Rose, Somlatha, Frankincense, Blue Lotus and royal herbal infusions like Red Gold Saffron, Mysore Sandalwood, White Lotus etc.
- Sahastrakoti devotional chanting infused Ashtamrut.
- Precious paste of Oudwood, Nagkesar, Rakt Chandan.

Exclusivity

- Minimum 10 days prior appointment mandatory.
- Available for both male & female guests.
- Performed exclusively at Muktaa Wellness worldwide.

The Transformation

Maha Rajyabhishekam is believed to:

- Develop a highly positive divine aura.
- Strengthen clarity, focus, and higher consciousness.
- Support manifestation through powerful mental alignment.
- Encourage results-oriented inner programming.
- Empower the fulfilment of the highest ambitions.

Rajya Abhishekam

राज्याभिषेकम्

Rajya Abhishekam signifies the sacred ritual of blessing and consecrating the body. Every king from India has undergone the Rajya Abhishekam ceremony once in their lifetime. Even years after the kings' reign, and coronation ceremony, the Rajyabhishek remains royal. Experience the same royalty in our treatment which involves a series of therapeutic rituals, including herbal scrubbing, divine baths, body packs and steam inhaling treatments and is believed to promote vitality, longevity, and well-being, aligning with the traditional practices of kingship and royal rejuvenation. As royal as it gets, the treatment uses water from the seven holy rivers, viz. Ganga, Brahmaputra, Godavari, Yamuna, Kaveri, Narmada and Sindhu; Himalayan salt, bhasma (ash); gold, silver, and diamond extracts. Ancient herbs and precious flowers' powders are also used. The guest is made to sit on a royal throne made of Teakwood for this luxurious ritual, The ritual consists of 18 ancient procedures. It's a holy process which is performed at 3.45 am (the Brahma Muhurta) when our soul and body is aligned with the universe. This treatment develop the highly positive Aura into your body, which helps to achieve higher life goals. Exclusively for elite personalities, from top business magnates to distinguished leaders, celebrities and bureaucracy

⌚ Duration: 300 Minutes

💎 Investment : ₹ 5,00,000 (Five Lacs only)

*These therapies are exempted under GST .

Nirvaat Chikitsaa

निर्वात चिकित्सा (Cupping Treatment)

Cupping therapy involves placing cups on the skin to create suction, promote blood flow, relieve muscle tension, and relieve pain. This unique treatment reduces muscle stiffness and induces healing.

Shushka Nirvaat शुष्क निर्वात (Dry Cupping)

Involves placing cups on the skin and creating suction without any additional techniques.

🕒	30 mins	45 mins	60 mins
₹	4,599/-	6,999/-	9,999/-

Ardra Nirvaat आर्द्र निर्वात (Wet Cupping)

This involves creating small incisions on the skin before applying the cups to draw out a small amount of blood. It is believed to remove toxins and improve circulation.

🕒	30 mins	45 mins	60 mins
₹	4,899/-	7,299/-	10,299/-

Agni Nirvaat अग्नि निर्वात (Fire Cupping)

Fire cupping involves placing heated cups on the skin to stimulate blood flow to affected areas. This process expands blood vessels, promoting circulation and aiding in the healing of damaged tissues.

🕒	30 mins	45 mins	60 mins
₹	5,199/-	7,599/-	10,599/-

*These therapies are exempted under GST .



Dhwani Chikitsaa

ध्वनी चिकित्सा

(Sound Therapy)

Experience one of the most trending holistic wellness therapies worldwide — a deeply relaxing journey through therapeutic sound and healing vibrations. Dhwani Chikitsaa uses soothing sound frequencies and vibrations to create a profound state of relaxation and harmony, helping restore balance between the mind, body and emotions.

The therapeutic vibrations help calm the nervous system, release stress and anxiety, improve concentration and mental clarity, support restful sleep, uplift the mood, and promote a deeper sense of inner peace and emotional well-being.

🕒	30 mins	60 mins	90 mins
₹	5,499/-	7,499/-	9,999/-



*These therapies are exempted under GST .

Laghu Shankha Prakshalana

लघु शंख प्रक्षालन (LSP)

Derived from the words Shankh (conch) and Prakshalana (to wash or clean), Shankh Prakshalana is a cleansing technique that flushes the entire gastrointestinal tract, from the oral to anal, by orally administering saline water. The practice involves performing a series of specific yoga asanas to help move the water through the digestive tract. These asanas include:

Tadasana ताडासन
(Mountain pose)

Tiryaka Tadasana तिर्यक ताडासन
(Mountain pose with arm and side body stretch)

Katichakrasana कटिचक्रासन
(Mountain pose twisting stretch)

Tiryaka Bhujangasana तिर्यक भुजंगासन
(Twisting stretch from the upward-facing canine position)

Udarakarshanasana उदरकर्षणासन
(Twisting stretch on tip-toes)

Shavasana शवासन
(Sleeping pose)

Laghu Shankha Prakshalana (LSP) is a yogic cleansing technique that addresses gastrointestinal issues like constipation, flatulence, acidity, and indigestion. It also aids in weight loss, lowers cholesterol, and boosts hemoglobin levels. By purifying the digestive tract, LSP promotes overall health. Incorporating oil therapies, such as Abhyanga, during this three-day treatment can enhance detoxification and rejuvenation.

🕒 Per Session

₹ 9,999/-

Disclaimer : LSP is a yogic cleansing technique that can be performed in 3 to 5 sessions to achieve optimal results.

*These therapies are exempted under GST .



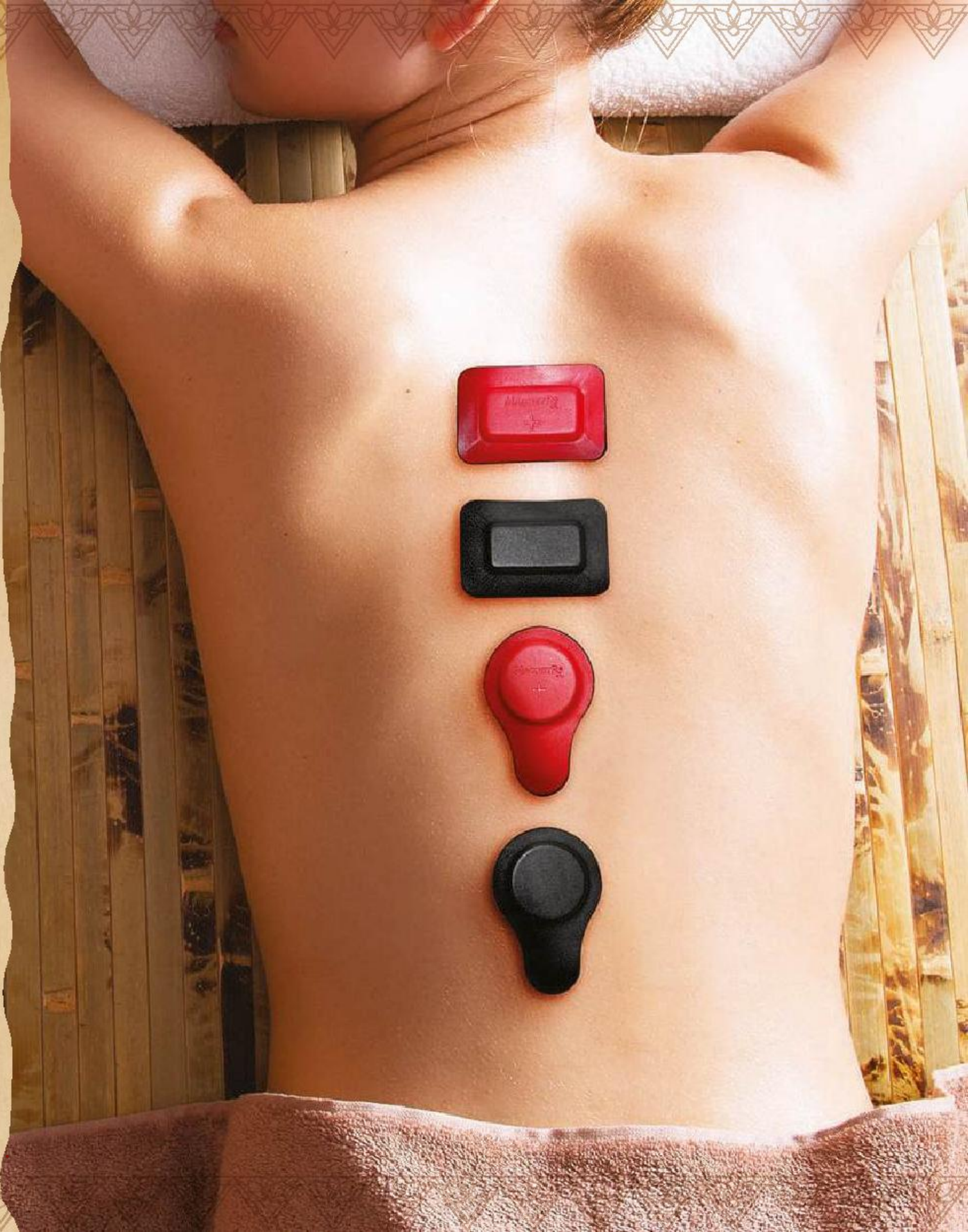
Akarshan Chikitsaa

आकर्षण चिकित्सा

(Magneto Therapy)

Akarshan means attraction, magnet possesses power of attraction. Magneto Therapy is an alternative treatment that utilizes static magnets or electromagnetic fields to facilitate healing. It offers pain relief for chronic conditions, decreases inflammation, and aids in healing. It enhances blood circulation and improves sleep quality.

🕒	30 mins	60 mins
₹	4,999/-	6,999/-



*These therapies are exempted under GST

Varnaa Chikitsaa

वर्ण चिकित्सा (Colour Therapy)

Colour therapy, or chromotherapy, is a holistic practice using colours to influence physical and emotional well-being. Colour Therapy is a holistic ancient practice that originated 4,000 years ago. Each chakra is linked to a specific colour and body part:

-  Violet signifies Sahasrara Chakra
(Top of head)
-  Indigo represents Ajna Chakra
(Forehead)
-  Blue stands for Vishuddha Chakra
(Throat)
-  Green signifies Anahata Chakra
(Chest)
-  Yellow stands for Manipura Chakra
(Stomach)
-  Orange represents Swadhisthana Chakra
(Lower abdomen)
-  Red represents Muladhara Chakra
(Base of spine)

This therapy helps boost mood and energy levels and also induces relaxation and tranquility.

	30 mins	60 mins
₹	4,999/-	6,999/-

*These therapies are exempted under GST .



Yoga and Meditation

योगा अँड मेडिटेशन

Power Yoga | पाँवर योगा

Power Yoga is a vigorous and dynamic form of yoga that focuses on building strength, flexibility, and stamina through challenging postures and continuous movement. It combines traditional yoga principles with fitness elements, emphasizing physical conditioning and endurance while promoting mental clarity and mindfulness. Our expert doctors and trainers provide guidance and care under close observation to ensure optimal results.

🕒	30 mins	60 mins
₹	2,499/-	3,499/-

Yoga Nidraa | योगा निद्रा

Yoga Nidra (also known as Yogic Sleep) is a powerful guided meditation and relaxation therapy that allows deep physical, emotional, and mental relaxation. It's a systematic method of inducing complete physical, mental, and emotional relaxation while maintaining awareness.

🕒	30 mins	60 mins
₹	2,999/-	3,999/-

*These therapies are exempted under GST .





Ozone Therapy

ઓઝોન થેરેપી (O₃)

Ozone therapy introduces ozone gas into the body to boost healing, enhance oxygen supply, and reduce oxidative stress. It improves circulation, modulates the immune system, and has antimicrobial effects, making it beneficial for treating infections, managing chronic pain, reducing inflammation, supporting detoxification, and promoting wound healing.

Ozone therapy can involve ozonated water or oils for topical wound care, injections for pain relief, autohemotherapy (ozone-treated blood reintroduced into the body), ozone insufflation into body cavities, or ozone saunas for skin absorption, offering various applications to enhance healing and reduce inflammation.

The therapy is often considered for those with chronic infections, autoimmune and cardiovascular diseases, skin disorders (Eczema, Psoriasis, acne), pain conditions (Arthritis, Back pain), slow-healing wounds (Diabetic Ulcers), chronic fatigue, and Fibromyalgia.

It is not recommended for certain individuals, including those who are pregnant, have severe Anaemia, G6PD deficiency, hyperthyroidism, bleeding disorders, or have recently experienced a heart attack, as it may worsen these conditions or pose additional risks.

Facial Vacuum with Ozone

This technique combines facial vacuum therapy and ozone to cleanse, detoxify, and rejuvenate the skin. The vacuum removes impurities, while ozone offers antimicrobial benefits, aiding in acne treatment, skin infections, and enhancing overall skin texture.

 Per Session

₹ 2,399/-

Scalp Bagging

Similar to limb bagging, a bag is placed over the scalp and ozone gas is introduced. This method is used to treat scalp infections, hair loss, and conditions like dandruff, promoting a healthier scalp and improving hair growth.

 Per Session

₹ 2,399/-

Boto (Botox with Ozone)

This treatment combines Botox with ozone therapy, enhancing Botox effects by reducing inflammation and oxidative stress, improving skin texture and appearance.

 Per Session

₹ 1,999/-

Ear Insufflation

Ozone gas is applied to the ear canal with a specialized device to treat ear infections, sinus issues, allergies, and upper respiratory problems, helping improve immune response by reaching the lymphatic system.

 Per Session

₹ 1,999/-

Rectal Insufflation

controlled oxygen-ozone mixture is gently administered rectally. It is designed to support the body's natural antioxidant and wellness processes, promote vitality, and complement integrative wellness programs.

 Per Session

₹ 1,999/-

Vaginal Insufflation

Vaginal ozone therapy treats infections, enhances tissue health, and balances flora, commonly used for yeast infections, bacterial vaginitis, and chronic pelvic inflammatory disease.

 Per Session

₹ 1,999/-

Limb Bagging

Limb bagging encloses a limb in a bag filled with ozone gas to aid wound healing, treat ulcers, and manage infections, especially in diabetic patients, by disinfecting and promoting tissue regeneration.

🕒 Per Session

₹ 2,399/-

Intramuscular (IM) Ozone Injections

Intramuscular ozone injections target localized pain or inflammation, such as in arthritis or muscle injuries, offering an alternative to cortisone shots with fewer side effects.

🕒 Per Session

₹ 2,499/-

Intra-Articular (In) Injection

Joint ozone injections deliver ozone directly into the joint to treat arthritis, inflammation, or injuries, reducing pain and swelling and promoting tissue regeneration with anti-inflammatory effects.

🕒 Per Session

₹ 2,499/-

Ozone Full Body Bagging

Whole-body ozone bagging encloses the body in ozone gas to treat skin conditions, enhance circulation, and support detoxification. This non-invasive method benefits those with chronic skin disorders, infections, or circulation issues.

🕒 Per Session

₹ 9,999/-

Medical Ozone - Peri-Articular Injections

Medical-grade intramuscular ozone injections target both systemic and localized conditions, treating pain, inflammation, and infections effectively.

🕒 Per Session

₹ 7,999/-

Prolozone

Prolozone therapy combines ozone with prolo-therapy, injecting ozone and healing nutrients into joints or tissues to treat chronic pain, arthritis, tendon injuries, and back pain by regenerating damaged tissues.

🕒 Per Session

₹ 3,999/-

Ozone Steam

This involves sitting in an ozone steam sauna where ozone is absorbed through the skin. It is used for detoxification, improving circulation, and skin health. It helps the body eliminate toxins and improves oxygenation in tissues.

🕒 20 min

₹ 799/-

MAHT (Minor)

Minor Autohemotherapy involves drawing a small blood sample, ozonating it, and re-injecting it intramuscularly to boost immunity and support wellness, often used for mild fatigue, infections, or immune issues.

🕒 Per Session

₹ 3,499/-

MAHT (Small Major)

A smaller version of Major Autohemotherapy (MAHT) where a lesser amount of blood is drawn, treated with ozone, and reintroduced into the body. It is typically used for less severe conditions or for maintenance therapy.

🕒 Per Session

₹ 1,999/-

Ozone Saline

Ozone saline is a form of saline water infused with ozone, which helps recharge and boost the body by combating fatigue and neutralizing free radicals that cause oxidative stress.

🕒 Per Session

₹ 1,999/-

MAHT (Big Major)

Major Autohemotherapy (MAHT) involves mixing a patient's blood with ozone and re-infusing it to treat chronic infections, autoimmune diseases, and boost immunity.

🕒 Per Session

₹ 4,499/-

Ozonated Water

Ozonated water, infused with ozone gas, is used for oral hygiene, wound care, and gastrointestinal health. Drinking it may aid detoxification, hydration, and oxygenation.

🕒 1000 ml

₹ 599/-

Ozonated Oil

Ozone is bubbled into natural oils (like olive or coconut oil) to produce ozonated oils that can be applied topically. This is used for wound healing, infections, acne, eczema, and other skin conditions due to its antimicrobial and regenerative properties.

🕒 500 ml

₹ 799/-

Myer's Cocktail

The Myer's Cocktail is a nutrient-rich IV therapy with vitamins like B-complex, Vitamin C, and Magnesium to boost energy, improve immunity, and address deficiencies. It can be combined with ozone for enhanced benefits.

🕒 Per Session

₹ 7,499/-

IV Nutrition - Myers Cocktail

A direct IV form of the Myers Cocktail delivers vitamins and minerals for higher absorption, bypassing digestion. Combined with ozone, it enhances detoxification and immune support.

🕒 Per Session

₹ 7,499/-

Glutathione Drip

It is a form of IV nutrition for the detoxification of liver and at the same time, it helps to boost your liver health, as the outcome of the liver detoxification, it helps in whitening of skin too.

🕒 Per Session

₹ 5999/-

Medical Vampire Facial

This facial treatment uses plasma, rich in growth factors, drawn from the patient's blood and applied with micro-needling. Adding ozone boosts healing, collagen production, and tissue regeneration, promoting younger, healthier skin.

🕒 Per Session

₹ 7,999/-

Medical PRP (Face)

Platelet-rich plasma (PRP) therapy for the face involves drawing blood, separating the plasma rich in growth factors, and applying it to the face, often via micro-needling. When combined with ozone, the regenerative effects are enhanced, improving skin texture, reducing wrinkles, and stimulating collagen production.

🕒 Per Session

₹ 7,499/-



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